香港特別行政區政府
衞生署
私營醫療機構規管辦公室

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THE GOVERNMENT OF THE HONG KONG SPECIAL ADMINISTRATIVE REGION
DEPARTMENT OF HEALTH
OFFICE FOR REGULATION OF PRIVATE HEALTHCARE FACILITIES
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19 September 2025

Dear Doctors,

Professional Responsibilities in Injection and Infusion Procedures

We write to alert you of a serious incident involving two females developing septic shock following intravenous infusion. This incident serves as a reminder of the inherent risks associated with administration of injectable and infusion-based treatments, and the critical responsibilities borne by medical practitioners in safeguarding patient safety during such procedures.

The incident

On 17 September, two 57-year-old females visited a premises named "Bioscor Hong Kong" in Central to receive intravenous infusions, purportedly containing Nicotinamide Mononucleotide. Both women developed chills, fever and vomiting. They sought medical attention at Queen Mary Hospital and Canossa Hospital (Caritas) respectively. The police and the Department of Health are investigating the case.

Medical practitioners are reminded to report suspected sepsis cases with symptoms such as fever, chills, dizziness, vomiting who have attended "Bioscor Hong Kong" for intravenous infusions to the Centre for Health Protection (CHP) for early investigation and public health follow-up. For case reporting, doctors may wish to report to CHP using this notification form (https://www.chp.gov.hk/files/pdf/hpf-form3-en.pdf). Alternatively, they may choose to report through the secure and convenient web-based notification system available in the CENO On-line website (http://cdis.chp.gov.hk/CDIS CENO ONLINE/ceno.html).

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Injection and Infusion as Medical Procedures

Injection and intravenous infusion are medical procedures and must be given by registered medical practitioners. Patients receiving injection or infusion should receive a prior medical consultation. It is also imperative that doctors maintain accurate and comprehensive medical records for each consultation, prescription, procedure, including the substance administered, dosage, route, and any observed effects. They must also ensure that all individuals involved in these procedures are appropriately trained, certified, and operating within their legal scope of practice.

Use and Obtain of Pharmaceutical Products

It is the doctor's responsibility to ensure the safety, quality, and regulatory compliance of all products provided/administered to their patients. **Pharmaceutical products containing active ingredient of Nicotinamide Mononucleotide (NMN) and sodium chloride (normal saline) for human parenteral administration are prescription-only medicines.** They must be supplied in accordance with doctor's prescription, and administered by doctor or under his/her supervision. In addition, pharmaceutical products shall be registered under the Pharmacy and Poisons Ordinance (Cap. 138) that are legally supplied by licensed manufacturers and wholesale dealers. According to the Import and Export Ordinance (Cap. 60), **all imports and exports of pharmaceutical products and medicines must be covered by import and export licences issued the Department of Health.**

We trust that all medical practitioners will continue to uphold these standards with diligence and professionalism. Your commitment to safe and ethical practice is vital to maintaining public confidence in the profession and our healthcare system.

Yours sincerely,

(Dr LAW Yuk-lung)
for Director of Health